



# *Enter the Rewarding Career of Massage*

Ten Years of Excellence in Education—Helping You to Help Others

*KCCM is a candidate for accreditation with the Accreditation Commission for Acupuncture and Oriental Medicine and is Kansas Board of Regents Approved*

*Member AMTA Council of Schools and NCBTMB identification #297756-00*

## *Professional Course of Study Includes the Following:*

### *Health Sciences:*

- ◆ *Anatomy, Physiology, Kinesiology I-III*
- ◆ *Anatomy, Physiology, Kinesiology IV*  
(National Test Preparatory Course for new and existing therapists)
- ◆ *Self Care & Client Instruction*
- ◆ *Nutrition*
- ◆ *Pathology I, II*
- ◆ *Medical Terminology/CPR & First Aide*

### *Business Management:*

- ◆ *Ethics*
- ◆ *Practice Management*

### *Western Massage:*

- ◆ *Classic Western Massage (Swedish)*
- ◆ *Myofascial Release*
- ◆ *Serving the Special Needs Population*

### *Oriental Bodywork:*

- ◆ *Tuina Anmo*
- ◆ *Shiatsu*
- ◆ *Reflexology*
- ◆ *Energetics (Qigong & Energy Healing)*

### *National Exam Review–Bodywork*

(National exam preparatory course for new and existing therapists)

Kansas College of Chinese Medicine  
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Wichita, KS 67207  
[www.kccm.edu](http://www.kccm.edu)



*Schedules and Class Descriptions inside*  
*Open enrollment - Apply today for the next Session*

## Diploma of Oriental Bodywork

As a stand-alone healthcare discipline, Oriental Bodywork (Tuina-Anmo) offers student involvement in the Traditional Chinese Medicine healthcare industry without requiring many of the prerequisites needed for other TCM disciplines.

The purpose of the Oriental Bodywork Diploma Program is to present Massage in the Oriental Medicine perspective. Although the KCCM curriculum includes Western Massage Techniques in its course of study, the primary focus of this Program is the specialized field of Oriental Bodywork.

Didactic hours are conducted over a series of evening and weekend classes. Student practicum is completed on campus in the College Student Clinic.

A Diploma of Oriental Bodywork is awarded after successful completion of the entire 600-hour Program of study. Upon completion of the 600-hour Program of study, students are eligible to apply for certification through the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB).

### Certificate Courses

**Massage classes are offered individually or as a complete program of study.** Single course enrollment is available to applicants who are unable to enroll in the full 600-hour course of study but wish to complete a specific course in one or more of the various massage modalities offered in our curriculum. Applicants seeking National Certification through the portfolio review process may also choose this option.

Certificates are awarded after successful completion of each course of study. Students who choose this route may be eligible to transfer certificate courses into the Oriental Bodywork Diploma Program.

### Requirements for Graduation

To graduate, students must have satisfactorily mastered all of the courses of study, passed all final exams, completed student clinic requirements, paid all tuition and fees in full and complied with the rules & regulations of the College.

### Program Applicants

- Must be at least 18 years of age, *and*,
- Must have a High School Diploma or Equivalent
- Demonstrate a level of maturity appropriate to the healing arts.

## Applications

Applications are due 30 days prior to class start. If space allows, applications may be accepted and admission granted up to two weeks prior to class start. The following materials/documents must be provided with the completed application form:

- ♦ A curriculum vitae or resume including education and work experience to the present.
- ♦ A statement describing your education and life goals, what motivated your decision to pursue this type of career and what training you bring to the profession. This statement is an important reflection of you and your organization skills, communication and professional presentation skills; as such, please take the appropriate time to prepare this statement. It should be approximately 400-600 typed words.
- ♦ Notarized copies of licenses or certificates in the healing arts (if any).
- ♦ Official transcripts sent directly from the institution(s).
- ♦ Notarized results of prior learning assessment, if applicable.
- ♦ Three letters of recommendation from former employers, teachers or health care professionals
- ♦ A complete physical with a health record verification form filled out by your physician indicating your health status as it relates to your ability to complete the program and deliver professional health services. Forms are provided with the Application, are available at the Business Office or on our website.
- ♦ Two passport-size color photos.
- ♦ Notarized copy of Drivers License, Official Birth Certificate and Social Security Card.
- ♦ If a foreign student, evidence of English language competency.
- ♦ A non-refundable application fee of \$50.
- ♦ Personal Interview prior to acceptance is required.

### Application Forms

Application and course transfer forms are available online at [www.kccm.edu](http://www.kccm.edu) (see downloadable forms) or may be obtained from the Admissions office.

### Acceptance

Application materials are reviewed and evaluated by the Admissions Committee. Once selections are made, all applicants are contacted via mail regarding their acceptance or non-acceptance. Successful applicants must submit a non-refundable tuition deposit within 5 days to ensure a place in the class. The tuition deposit is applied toward total tuition cost. However, if you decide to withdraw prior to the beginning of classes, this deposit remains non-refundable. Upon receipt of the deposit, students receive further instructions for class preparation.

### Tuition and Fees

Tuition and fees are set by the Board and are subject to change without notice based on the needs of the College. See the latest edition KCCM catalogue and/or Student Policy and Procedures Manual for a detailed listing of fees.

Application Fee	\$ 50.00
Tuition Deposit	\$150.00
Didactic/Clinic tuition (600-Hr Program Students)	\$ 10.00/classroom hour
Didactic/Clinic Tuition (part-time student, less than 150 hrs)	\$ 15.00/classroom hour
Malpractice Insurance	\$ 50.00 Annually

Tuition is due one month prior to the first day of classes unless other arrangements are made with the Business office. Payment for books and supplies are the responsibility of the student and are due and payable when received.

The College offers payment plans to qualified full-time students. Additionally, some federally subsidized grants and loans may be available to qualified students. Contact the business office for further details.

### Credits and Course Hours

Academic Credits are calculated using the following ratio: One credit equals 15 course hours of study. Academic Credit Hours are noted in ( ) in the Course Description section of this catalogue.

### About your Instructors

KCCM instructors are nationally certified or have completed advanced studies in their field of experience. See [www.kccm.edu](http://www.kccm.edu) for a complete listing of instructors.

### Textbooks

For the convenience of its students, the KCCM bookstore carries for purchase all the textbooks needed for the courses offered at the College. Textbooks are necessary for each course. Prices change frequently making it difficult to specify exact textbook costs. However, students may expect to pay approximately \$600-650 for the Oriental Bodywork Program textbooks. Refunds are not provided for textbooks. In addition, massage products are available at student discount rates in the College Bookstore.

### Other Equipment and Supplies

Massage tables are generally not required for individual courses of study. However, a table is required within 45 days of class start in the 600-hr Program. Students can expect to spend approximately \$600-\$700 for a table. Students must also provide linens, towels and at least one standard sized pillow when attending Massage practicum classes. **KCCM is an authorized Oak Works and Custom Craftworks dealer and offers discounted prices to enrolled students for tables ordered through the College.**

### Placement Assistance

Known vacancies in the field of Massage are posted in the Administrative Offices and on classroom information boards. Occasionally the College is contacted in search of candidates for employment. While KCCM may provide placement assistance or may contract with graduates for temporary placement, KCCM does not make a guarantee of employment.

### Refund Policy

Weeks Attended	Tuition Refund
1	90%
2	75%
3	50%
More than 3 weeks	No Refund
Single Class Offering	No Refund

### Accreditation

KCCM is a candidate for accreditation with the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) and is in the process of seeking accreditation. ACAOM is the recognized accrediting agency for the approval of programs preparing acupuncture and Oriental Medicine Practitioners. ACAOM is located in the Maryland Trade Center Bldg. #3, 7501 Greenway Center Drive, Ste. 760, Greenbelt, MD 20770; 301/313-0855; FAX 301/313-0912

## Course Descriptions

### **107/108 WM and 004 MHS Anatomy, Physiology & Kinesiology I, II, III, IV (7)**

This set of courses presents a systemic approach to the structure and function of the human body. Major emphasis is placed on the skeletal, muscular, digestive, respiratory, cardiac, reproductive, endocrine, nervous and the urinary systems. Course IV is a preparatory course for the NCBTMB exam and consists of an overall review, project assignment and course final examination. (Prerequisites: None, Courses must be completed consecutively. Existing therapists may be admitted to the final review class in preparation for NCBTMB portfolio review and subsequent exam.)

### **005 MHS Self Care and Client Instruction (1)**

The purpose of this course is to present the various principles of body mechanics and the proper use of the body while giving a massage. Students will learn methods of working efficiently to prevent dysfunction or pain and areas of the body commonly affected by improper use of the body in the practice of massage. Effects of stress, diet, exercise, lifestyle and behavior patterns will be reviewed as well as the role the massage professional plays as a cohesive part of a wellness support team. (Prerequisites: None)

### **006 MHS Nutrition (1)**

This course provides a concise overview of basic nutrients without being overwhelmed with biochemistry. The course also includes a general view of how nutrition affects the various body systems. Case studies and critical thinking exercises promote the application of course content. (Prerequisites: None)

### **007 MHS Pathology I (1)**

This course provides the information necessary to make important decisions regarding the application of massage based on the benefits that therapeutic massage provides. Students will explore various approaches to care based on the client's condition and realistic goals that may be achieved through the use of therapeutic massage. Contraindications are presented accompanied with guidelines for decision-making. Case studies to model the decision-making process are presented. Additionally, students learn proper hygiene and sanitation practices utilized in a professional setting. (Prerequisites: None)

### **008 MHS Pathology II (1)**

This course is a continuation of Pathology I. Students explore various approaches to care based on the client's condition and realistic goals that may be achieved through the use of therapeutic massage. Students will be presented with various case studies and will determine indications and contraindications for massage. Additionally, students apply proper hygiene and sanitation practices utilized in a professional setting. (Prerequisites: 007 MHS)

### **009 MHS Medical Terminology, CPR and First Aide (1)**

**Medical Terminology** –This course provides a key to understanding the accepted language of the sciences. Students will learn how to speak, write and understand scientific language and maintain client records effectively. The course provides an outline of the medical terminology most often encountered by the massage professional, particularly as it relates to charting and record-keeping procedures. (Prerequisites: None)

**CPR and First Aid** – This course is an American Heart Association Lifeline approved instruction in first aid and CPR (cardiopulmonary resuscitation), using manikins as training aids. Students will learn what to do and how to respond to an emergency situation before the victim can receive professional medical care. Additionally, the course emphasizes the value of a safe and healthy life-style. Behavior and situations that contribute to risk of injury and/or illness are discussed along with precautions to encourage necessary life-style change. Upon successful completion of the course, students will receive an American Heart Association certificate of First Aid and Safety. (Prerequisites: None)

### **010, 011, 012 MWM Classic Western Massage I, II, III (6)**

This set of courses presents a series of studies on classic Western Massage for the beginning student. The courses educate students on the Theory and Practice of the ancient art of Swedish Massage, history of massage, essential information regarding function and structure of the human body as it pertains to massage, the basic techniques of massage, body mechanics, massage manipulation techniques, assessment procedures, indications and contraindications and preparation for application of these techniques in the Student Clinic environment. (Prerequisites: None. Courses must be completed consecutively)

## *Course Descriptions*

### **013 MWM Serving the Special Needs Population (2)**

The purpose of this course is to present a basic understanding of the various types of special needs situations to assist the therapist in developing a massage environment to best serve individuals with special needs. The course provides an avenue for the student to demonstrate the communication skills important when working with a client who has special needs, reviews how to integrate therapeutic massage into the health care environment and how to modify the massage environment to best support those with physical disabilities. (Prerequisites: None, however recommend completion of 001MHS in conjunction with this course. )

### **014 MWM Myofascial Release (1)**

Myofascial Release is a therapeutic treatment utilizing gentle stretching to produce a healing of the body tissues thus, eliminating pain and restoring motion. This course provides an introductory overview of Myofascial Release Techniques and how they are applied in the context of massage therapy. The course explores the various evaluation and treatment techniques designed to provide soft tissue mobilization and break up of restrictions. (Prerequisites: 0None)

### **015 MBM Ethics and Practice Management (1)**

This course assists the student in developing the level of professionalism essential to the successful practice of therapeutic massage. Students will identify the types of professional services a massage practitioner legally and ethically can provide and will present guidelines for conduct in the professional setting. The course also presents specific information for those who want to develop a massage business and provides a review of business planning, marketing and goal setting practices. (Prerequisites: None.)

### **016 MOB Tuina Anmo I (2)**

This course is an introduction to the principles of medical massage and the relationship between the various theories of Traditional Chinese Medicine. Students are introduced to the Eight Traditional Methods of Massage and simple techniques utilized by the massage practitioner for treatment of headache, neck pain, arm, shoulder and back pain. Students will also learn various self-care exercises. (Prerequisites: None, however recommend completion of 001MHS in conjunction with this course. Tuina I-IV are taught consecutively.)

### **017 MOB Tuina Anmo II (2)**

This course is a continuation of Tuina-Anmo I. Students are introduced to the basic Traditional Chinese Medicine Theory on Diagnosis and will learn basic physical check up techniques applied in the application of Massage. (Prerequisites: 016 MOB .)

### **018 MOB Tuina Anmo III (2)**

This course is a continuation of Tuina-Anmo II. Students are introduced to common disease analysis and prescription for massage. Additionally, students will apply Traditional Chinese Medicine Theory to create their own healing methods and individualize client care. Students will also continue practice of the massage technique skills learned in Tuina-Anmo I and II. (Prerequisites: 016 & 017 MOB .)

### **019 MOB Tuina Anmo IV (2)**

This course is a continuation of Tuina-Anmo III. Students are introduced to the field of client rehabilitation, rehabilitation plan development and applications of massage for rehabilitation. Students will apply Traditional Chinese Medicine Theory, diagnosis and check-up techniques learned in previous segments to create a massage rehabilitation plan for application in the professional clinic environment setting. (Prerequisites: 016, 017 & 018 MOB.)

### **020 MOB Shiatsu (2)**

This course provides an introduction to the basic techniques of practical Shiatsu treatment. Students will gain an overall understanding of the physiological aspects of health and sickness and the basis for establishing the functional connection between physiology and the Shiatsu pressure points located throughout the body. (Prerequisites: None.)

## *Course Descriptions*

### **021 MOB Reflexology (2)**

This course provides a basic straightforward overview of Reflexology, the relationship between areas on the hands and feet and the body's organs, limbs and nerves. Students learn various Reflexology techniques and how they may be integrated in an overall body treatment plan. (Prerequisites: None.)

### **022 MOB Energetics I (1)**

This course familiarizes the student with issues and concepts related to various aspects of energy healing. Students are exposed to the universal principles of energy healing, the nature of the energy system and mindfulness. (Prerequisites: None.)

### **023 MOB Energetics II (1)**

This is the second in a series of courses designed to familiarize the student with issues and concepts related to various aspects of energy healing. Students are exposed to the universal principles of energy healing, the nature of the energy system and mindfulness. Students will review exercises and treatment forms applied in Energetics I. Variations of the energy-active positions learned in Energetics I are demonstrated and the Chakra system is introduced. (Prerequisites: 022 MOB.)

### **024 MOB Energetics III (2)**

This is the third in a series of courses designed to familiarize the student with issues and concepts related to various aspects of energy healing. Students are exposed to the universal principles of energy healing, the nature of the energy system and mindfulness. Students will review exercises and treatment forms applied in Energetics I and II. Students are introduced to variations of work with the energy points and Chakra system, issues arising in the actual practice of energy healing with clients and will learn and apply new personal exercises and treatment forms. (Prerequisites: None)

### **025 MOB National Exam Review – Bodywork (2)**

The purpose of this course is to provide an extensive review and final exam review for the Bodywork Component of the Oriental Bodywork Program. Students will review all aspects of the program and will complete final test examination required for program graduation. (Prerequisites: Students enrolled in the Diploma Program must have completed all course requirements to participate in this class. Portfolio review is required before Certificate Program participants may participate in the review. Existing therapists may be admitted to this final review class in preparation for NCBTMB portfolio review and subsequent exam.)

***For further information or to obtain an enrollment packet please contact:***

***Janet L. Gao  
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