



Master of Oriental Medicine

101 OM Basic TCM Theory (6)

This course is an extensive introduction to TCM history and its development both in China and outside of China. The course includes the history and development of Acupuncture, Oriental Medicine and reviews the current professional trends in the United States. The course also includes the theory of yin and yang, five elements, viscera and bowels (Zang Fu), Qi, blood, body fluids, essence (Jing) and spirit (Shen), meridian theory and the basic models of Chinese medical physiology and pathological systems.

(Prerequisites: None)

102 OM Diagnosis Techniques (3)

This course teaches students basic differential diagnostic skills, including the four diagnostic methods of TCM—Wang (inspection), Wen (smell and hearing), Wen (inquiry), and Qie (palpation). Students are introduced to tongue examination and pulse diagnosis. Methodology includes lecture and practical experience.

(Prerequisites: 101 OM)

104 OM Acupuncture & Moxibustion (2)

This course provides an introduction to the needling techniques of Acupuncture and concurrent therapies, including cupping, gwa sha, plum blossom needle and moxibustion. Safety, clean needle technique, sterilization, hygiene, and the management of Acupuncture accidents are examined. Students practice Acupuncture and moxibustion techniques on inanimate objects and gradually progress to self treatment and treatment of others under the supervision of a qualified instructor. Emphasis is placed on needle insertion, depth, duration, manipulation and withdrawal.

(Prerequisites: None)

107,108 WM Human Anatomy and Physiology I, II for TCM students only (6)

These courses present a systemic approach to the structure and function of the human body. Major emphasis is placed on the skeletal, muscular, digestive, respiratory, cardiac, reproductive, endocrine, nervous and the urinary systems.

(Prerequisites: None)

109, 110, 209*, 210* OM Oriental Bodywork I, II, III, IV for TCM students only (16)

Methodology of these classes includes both lecture and clinic practice primarily focusing on Tui-Na, Shiatsu, Deep Tissue and Pediatric Massage.

(Prerequisites: None, classes are completed consecutively)

111, 112 OM Acupuncture Practicum I, II (8)

These are practical courses designed to assist beginning students in studying Acupuncture points. Students learn how to develop awareness in approaching the human body, to feel for points and trace meridians. The class begins with an introduction to the various anatomical landmarks of the body including bones, tendons, muscles, joints, blood vessels and nerves. Students then proceed to study measurement techniques using the Chinese anatomical inch (cun). Finally, all of the major points on the fourteen meridians and the remaining additional points are located. Students are required to learn Standard International Acupuncture Nomenclature as well as Pin Yin names for the most common points.

(Prerequisites: Classes are completed consecutively)

113 WM Western Approach to Health Care and Medical Terminology (3)

This course lays the foundation for traditional practices of health care and provides a basic introduction to Western Medical terms. Various specialties and the nature of treatment recommended by Western clinicians including MD's, DO's, and DC's are discussed. Western Medicine tests, standard treatment, follow-up care and referrals to other health care professionals are reviewed.

(Prerequisites: None)

114 WM Western Medicine Physical Exam Techniques (3)

In this course, students learn basic history taking and physical examination techniques utilized in Western Medicine to collect clinical data and diagnose patients. Blood pressure taking, pulse taking, palpation and use of basic instruments is discussed.

(Prerequisites: 113 WM)

115, 116 OM* Tai Ji Quan I, II (2)

This course begins with an introduction to Chinese philosophy and the theories of Qi as expressed in the patterns of movement found in Tai Chi. Advanced classes explore various forms essential for developing strength, energy, stamina, and improving awareness of Qi flow in the body and environment. Yang Style form is featured and includes push hands.

(Prerequisites: None)

117, 118, 219 CT Clinical Observation I, II, III (6)

This course is an introduction to professional clinical protocol and responsibilities. Students observe clinicians and advanced students in their examination, diagnosis, and treatment of patients.

(Prerequisites: None)



209, 210 OM* Oriental Bodywork III, IV

Please see Course #109 OM.

211 CT Clinical Preparation (1)

This is a lecture and practical class. Topics include treatment and diagnostic techniques, clinical principles and responsibilities, social and technical skills, the care of patients and equipment, case history writing, charting and other operational procedures. Students practice needling techniques and strategies from course 203, 204.

(Prerequisites: 101, 102, 104, 203, 204 OM)

213 WM Western Medicine Pathology (3)

Discussion of different disease states from a Western Medicine perspective includes signs and symptoms, etiology, microbiology, and pathology. Preferred Western Medicine treatment modalities for major disorders are presented.

(Prerequisites: 113, 114 WM)

214 OM Auricular Acupuncture (3)

This course is a lecture and practical class introducing Auricular Acupuncture with an emphasis on point location and treatment.

(Prerequisites: 101, 102, 104 OM)

215 WM Public Health and CPR (2)

This class introduces the student to the organization and delivery of health care in the United States. It also surveys current trends in the health of Americans and principles in the prevention of diseases. Various lectures lead to discussions that facilitate a broad based understanding of health care today. Students learn basic emergency procedures used in a "first responder" situation and, upon successful completion, are certified in first aid and CPR.

(Prerequisites: None)

216 WM Ethics and Practice Management for TCM students only (2)

Students are introduced to business practices, record keeping, professional liability, patient contracts, insurance, public service, advertising, legal compliance and Acupuncture regulations. Ethical and legal aspects of referring patients to another practitioner are also discussed. Students are also required to complete a project assignment.

(Prerequisites: None)

218 OM TCM Diet and Food Therapy (2)

As diet is a part of the prescription made by Chinese Medicine practitioners, this course covers the categorization of common foods and explores the relationships between energy, temperature, taste and function. Dietary advice for various conditions and preparation of common foods is also discussed.

(Prerequisites: 203, 204 OM)

COURSE DESCRIPTIONS



Master of Oriental Medicine *(continued)*

219 CT Clinical Observation

Please see Course # 117 CT

221, 222 OH Intro to Chinese Herbal Medicine I, II (6)

These courses provide an introduction to Chinese Herbal Medicine, including history, basic herbal medicine theory, plant-part terminology and significance to usage and herbal treatment strategies. Commonly used herbs and formulas are also discussed. Current developments in formula research and patient education regarding administration and potential side effects are reviewed.

(Prerequisites: 101, 102, 203, 204 OM)

301, 302 CT Case Presentations I, II (4)

In this course, students are required to prepare and present individual cases to the class. Presentation includes a diagnosis and treatment plan using any number of techniques and applications studied in classroom and clinic settings. The class is conducted in a supportive atmosphere and provides an analysis of each student's work.

(Prerequisites: All required TCM courses in years 1 & 2)

303 OM Terminal Competencies (3)

This course is preparation for the NCCAOM National Board Certification in Acupuncture. Students are required to demonstrate professional competencies.

(Prerequisites: All required TCM courses in years 1 & 2)

304 WM Nutrition and Vitamins (3)

This course presents the biochemical processes of nutrition and the importance of various components of foods in nourishment. A variety of techniques for assessing a patient's dietary intake and nutritional imbalances are covered along with fundamental vitamin therapy.

(Prerequisites: None)

305 WM Western Internal Medicine (3)

This course provides an introduction to Western internal medicine, including diagnosis and treatment of disease.

(Prerequisites: 114, 205, 213 WM)

306 WM Research Methodology (2)

This course introduces research methods, design and analysis.

(Prerequisites: None)

COURSE DESCRIPTIONS



Master of Oriental Medicine *(continued)*

401, 402 OH Chinese Herbal Medicine, Materia Medica I, II (8)

These courses provide an in-depth study of over 300 major herbs and substances. The class includes both botanical and Chinese names, classification, visual identification, character and taste, affected meridians, dosage, prescription examples, indication, contraindications, preparation and a survey of recent research.

403, 404 OH Chinese Herbal Medicine, Formulas and Strategies I, II (8)

Students study combination theories, traditional combinations of over 150 formulas, including addition and subtractions, safe use of herbs and side effects.

405, 406 OH Seminar on Herbal Medicine II, III *Please see Course # 308 OH*

408, 415 OM TCM Literature I, II (4)

Selected passages of the classic text Neijing provides an in-depth discussion of the philosophy, diagnosis and treatment theories of TCM. Wen Bing Lun introduces febrile diseases that developed from Shang Han Lun; emphasis is placed on the new system and its major formulas.

409, 410 CT Student Clinic: Herbal Medicine I, II (5)

This course provides a supervised clinic experience in which students individually diagnose patients, design and evaluate treatment plans and work in the College pharmacy. Standards of cleanliness in an herbal dispensary and storage of herbs is practiced.

411, 412 CT Pharmacy Internship I, II (3)

Students, under faculty supervision, fill prescriptions, use inventory control practices and practice standards of cleanliness in the College pharmacy.

413, 414 OH Chinese Internal Medicine I, II (6)

These courses provide a systemic introduction to disease, syndromes and prognosis. Diagnostic and treatment paradigms are examined as they pertain to Shan Han, Wen Bing and Zang Fu including herbal formulas for internal organ disease.