

# COURSE OUTLINE – ORIENTAL BODYWORK PROGRAM

## HEALTH SCIENCES

Course #	Title	Hours	Credits
001 MHS	Anatomy, Physiology & Kinesiology I .....	30	2
002 MHS	Anatomy, Physiology & Kinesiology II .....	30	2
003 MHS	Anatomy, Physiology & Kinesiology III.....	30	2
004 MHS	See National Exam Review Section .....	-	-
005 MHS	Self Care & Client Instruction.....	15	1
006 MHS	Nutrition .....	15	1
007 MHS	Pathology I.....	15	1
008 MHS	Pathology II .....	15	1
009 MHS	Medical Terminology, CPR & First Aide.....	15	1
	<b>Total Health Sciences</b>	<b>165</b>	<b>11</b>

## WESTERN MASSAGE

Course #	Title	Hours	Credits
010 MWM	Classic Western Massage I.....	30	2
011 MWM	Classic Western Massage II.....	30	2
012 MWM	Classic Western Massage III .....	30	2
013 MWM	Serving the Special Needs Population.....	30	2
014 MWM	Myofascial Release .....	15	1
	<b>Total Western Massage</b>	<b>135</b>	<b>9</b>

## BUSINESS MANAGEMENT

Course #	Title	Hours	Credits
015 MBM	Ethics and Practice Management.....	15	1
	<b>Total Business Management</b>	<b>15</b>	<b>1</b>

## ORIENTAL BODYWORK

Course #	Title	Hours	Credits
016 MOB	Tuina Anmo I .....	30	2
017 MOB	Tuina Anmo II.....	30	2
018 MOB	Tuina Anmo III.....	30	2
019 MOB	Tuina Anmo IV .....	30	2
020 MOB	Shiatsu .....	30	2
021 MOB	Reflexology .....	30	2
022 MOB	Energetics I .....	15	1
023 MOB	Energetics II .....	15	1
024 MOB	Energetics III.....	30	2
	<b>Total Oriental Bodywork</b>	<b>240</b>	<b>16</b>

## NATIONAL EXAM REVIEW

Course #	Title	Hours	Credits
004 MHS	Anatomy, Physiology & Kinesiology IV .....	15	1
025 MOB	Bodywork Review .....	30	2
	<b>Total Review</b>	<b>45</b>	<b>3</b>